

# *Caring for the Seriously Ill: Clinical Updates in Oncology and Palliative Care*

An Interdisciplinary Conference

*November 7-8, 2009*

## **Featured Topics:**

**Strategies for Difficult Discussions**

**Oncology Updates**

**Palliative Care**

**Specialty Populations**

## **Visiting Faculty**

**David Weissman, MD, FACP**

*Director, Palliative Medicine Program*

*Professor, Division of Neoplastic Diseases and Related Disorders*

*Co-Director, End of Life Palliative Care Education Resource Center*

*Editor-in-Chief, Journal of Palliative Medicine*

## **Location:**

**University Medical Center, Tucson Arizona**

Sponsored for CME by the University of Arizona College of Medicine at the Arizona Health Sciences Center  
Supported by an Educational Grant from Sanofi-Aventis, Southern Arizona Oncology Nursing Society and  
Arizona Center on Aging



# Conference Faculty

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## Visiting Faculty: Medical College of Wisconsin

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### **David Weissman, MD, FACP**

*Director, Palliative Medicine Program  
Professor, Division of Neoplastic Diseases and Related Disorders  
Co-Director, End of Life Palliative Care Education Resource Center  
Editor-in-Chief, Journal of Palliative Medicine*

## The University of Arizona Faculty

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### **Mary Adam, MD**

*Clinical Lecturer, Department of Pediatrics*

### **Maria Bishop, MD**

*Associate Professor of Clinical Medicine  
Medical Director, Hospice and Palliative Care Elective*

### **Janiel Cragun, MD**

*Assistant Professor of Gynecologic Oncology*

### **Lee Cranmer, MD**

*Assistant Professor of Clinical Medicine  
Section of Hematology/Oncology*

### **Leona Downey, MD**

*Assistant Professor of Clinical Medicine  
Section of Oncology/Hematology and Geriatrics*

### **Mary Gaspers, MD**

*Assistant Professor, Clinical Pediatrics*

### **Mark D. Gilbert, MD**

*Assistant Professor, Clinical Psychiatry*

### **Michael Graham, MD**

*Associate Professor of Pediatrics  
Director, Pediatric Bone Marrow Transplantation*

### **Emmanuel Katsanis, MD**

*Professor, Pediatrics, Pathology and Immunobiology*

### **Robert Krouse, MD**

*Professor of Surgery  
Oncologic Surgeon, Southern AZ VA Health Care System  
Director, Surgical Research, Southern AZ VA Health Care System*

### **Sandy Kurtin, NP**

*Clinical Assistant Professor of Nursing and Medicine  
Hematology/Oncology Nurse Practitioner*

### **Ellyn Lee, MD**

*Assistant Professor of Clinical Medicine  
Director of Palliative Medicine*

### **Ana Maria Lopez, MD**

*Professor of Medicine and Pathology*

## The UofA Faculty (Con't)

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### **Thomas Miller, MD**

*Professor of Medicine  
Chief, Section of Hematology/Oncology*

### **Evan Ong, MD**

*Assistant Professor of Surgery  
Section of Surgical Oncology*

### **Linda Snyder, MD**

*Medical Director, Intensive Care Unit  
Associate Professor of Clinical Medicine*

### **Alison Stopeck, MD**

*Associate Professor of Medicine  
Director, Clinical Breast Cancer Program*

### **Karen Weihs, MD**

*Associate Professor of Psychiatry  
Arizona Cancer Center*

## University Medical Center Faculty

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### **Melissa Berman, MSW**

*Social Services*

### **Cindy Rishel, RN**

*Patient Care Manager  
Blood and Marrow Transplant/Hematology/Oncology Unit*

## Community Presenters

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### **Tani Bahti, RN**

*Executive Director - PASSAGES  
Support and Education in End of Life Issues*

### **Alan Frolich, MD**

*Clinical Director, Administrative Medicine,  
Southern AZ VA Medical Center*

### **Florence Gores, RN**

*Southern Arizona VA Health Care System*

### **Larry Lincoln, MD**

*Infectious Disease Specialist  
Director, Tucson Medical Center Hospice*

### **Carol Locust, Ed.D**

*Traditional Practitioner,  
Indian Health Services*

### **Pat McCoy, RN**

*Southern Arizona VA Health Care System*

### **Luz Pelayo, NP**

*UPH Pediatric Nurse Practitioner  
Pediatric Oncology*

### **Jennifer Ramin, NP**

*Palliative Care and Hospice Nurse Practitioner*

### **Marianne Schloss, RN**

*Hospice Community Educator*

# Program Schedule

Saturday, November 7, 2009

7:30 – 8:00 Registration and Breakfast – DuVal Auditorium  
 8:00 – 8:15 Introduction / Welcome – DuVal Auditorium  
 8:15 – 9:30 Keynote: - DuVal Auditorium  
**Leading a Family Goal -Setting Conference**  
 David Weissman, MD  
 Medical College of Wisconsin

9:30 – 10:00 Break

	<b>Specialty Populations</b> DR C and D	<b>Palliative Care</b> Kiewit Auditorium	<b>Oncology Updates</b> Duval Auditorium
10:10 – 11:00	<b>Cancer Biology</b> <i>Ana Maria Lopez, MD</i>	<b>Opioid Pain Management</b> <i>David Weissman, MD</i>	<b>Surgical Oncology</b> <i>Evan Ong, MD</i>
11:10 – 12:00	<b>Acute Leukemia</b> <i>Emmanuel Katsanis, MD</i>	<b>Optimizing Care During the Terminal Phase</b> <i>Jennifer Ramin, NP</i>	<b>Breast Cancer</b> <i>Alison Stopeck, MD</i>

12:15 – 1:15 Lunch & Keynote: DuVal Auditorium  
**The Palliative Care Oncology-Interface**  
 David Weissman, MD

1:15 – 1:30 Break

1:30 – 2:30 **Ethics Panel** – DuVal Auditorium  
*Maria Bishop, MD (Moderator)*  
*Mary Adam, MD*  
*Alan Frolich, MD*  
*Pat McCoy, RN*  
*Melissa Berman, MSW*  
*Florence Gores, RN*  
*Marianne Schloss, RN*

	<b>Specialty Populations</b>	<b>Palliative Care</b>	<b>Oncology Updates</b>
2:40 – 3:30	<b>BMT in Pediatrics</b> <i>Michael Graham, MD</i>	<b>Hospice and Holistic Care of the Dying</b> <i>Larry Lincoln, MD</i>	<b>Lymphoma</b> <i>Thomas Miller, MD</i>
3:40 – 4:30	<b>End of Life in the Pediatric Population</b> <i>Cindy Rishel, RN</i>	<b>Palliative Care in the Long-Term Care Setting</b> <i>Ellyn Lee, MD</i>	<b>Ovarian Cancer</b> <i>Janiel Cragun, MD</i>

Sunday, November 8, 2009

7:30 – 8:00 Registration and Breakfast – DuVal Auditorium  
 8:00 – 8:15 Welcome – DuVal Auditorium  
 8:15 – 9:30 Keynote: DuVal Auditorium  
**Palliative Care in the Critically Ill and ICU**  
 Linda Snyder, MD

9:30 – 10:00 Break

	<b>Specialty Populations</b> DR C and D	<b>Palliative Care</b> Kiewit Auditorium	<b>Oncology Updates</b> DuVal Auditorium
10:10 – 11:00	<b>Sepsis</b> <i>Mary Gaspers, MD</i>	<b>Spirituality in the Native American Population</b> <i>Carol Locust, EdD</i>	<b>Leukemia MDS</b> <i>Sandy Kurtin, NP</i>

11:15 – 12:15 Lunch & Keynote: DuVal Auditorium  
**Demystifying the Dying Process**  
 Tani Bahti, RN

12:15 – 12:30 Break

	<b>Specialty Populations</b>	<b>Palliative Care</b>	<b>Oncology Updates</b>
12:30 – 1:20		<b>Depression in the Seriously Ill</b> <i>Karen Weihs, MD</i> <b>Spirituality in Health Care</b> <i>Mark D. Gilbert, MD</i>	<b>Gero-Oncology</b> <i>Leona Downey, MD</i>
1:30 – 2:20	<b>Long Term Care Issues with the Pediatric Oncology Patient</b> <i>Luz Pelayo, NP</i>	<b>Palliative Care Surgical Updates</b> <i>Robert Krouse, MD</i>	<b>Melanoma</b> <i>Lee Cranmer, MD</i>

2:30 – 3:00 Wrap-Up and Final Evaluation – DuVal Auditorium

## *Area Hotels*

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Please call (520) 626-5804 for a list of local hotels.

## *Practice Gaps*

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The two topics addressed in this conference, oncology and palliative care, are both in areas that require additional physician knowledge. Oncology is an ever-changing specialty that requires physicians to continue to update their knowledge of the latest developments and techniques. And, while most physicians are aware of the benefit of hospice care, many are not aware of palliative care in the treatment of seriously ill patients. Here are a few of the practice gaps that this conference will attempt to close.

1. Does fear of legal and regulatory sanction prevent physicians from prescribing medically appropriate pain treatment?
2. Are physicians aware of a diagnostic technique, developed earlier this year, to distinguish benign moles from malignant melanomas?
3. Are physicians collecting an adequate amount of family history to appropriately identify patients at increased risk for cancer?

## *ACCME/AMA PRA Statement*

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The University of Arizona College of Medicine at the Arizona Health Sciences Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine at the Arizona Health Sciences Center designates this educational activity for a maximum of 12.25 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## *Description*

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This seminar is intended to update interdisciplinary healthcare providers on oncology and palliative care. This two day program will focus on three specific areas of interest: 1) Update on Adult Cancers; 2) Update on Palliative Care Issues; 3) Update on Cancer Specialty Populations.

Each symposium, presented by a recognized expert in the field, will offer a comprehensive review of the specific topic. Participants will receive the most up-to-date information on the subject, expanding one's skill in providing better patient care. A combination of didactic lectures, panel presentations, slide presentations, small group discussions, seminars, and question and answer periods will be utilized.

Speakers and times are subject to change.

## *Educational Objectives*

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1. Discuss early detection, prevention and current treatment practices in oncology.
2. Define new approaches and specific issues in the treatment of cancer patients.
3. Discuss comprehensive symptom assessment and management for seriously ill patients.
4. Discuss ways to approach sensitive conversations with patients and families.
5. Assess techniques to improve quality of life for acutely/chronically ill patients.

## *Continuing Education Credit*

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### **Nursing Continuing Education**

*Provider Approved by the California Board of Registered Nursing, Provider # CEP 14824. A total of thirteen (13) units will be issued for 2 day attendance.*

### **Social Work Continuing Education**

*Application has been made with the Arizona Chapter of the National Association of Social Workers for Social Work CE Units.*

## *Course Directors*

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### **Virginia LeBaron**

*Clinical Associate Professor, College of Nursing  
Nurse Practitioner, University Medical Center*

### **Susan Bohnenkamp**

*Clinical Nurse Specialist, University Medical Center*

# *Caring for the Seriously Ill: Clinical Updates in Oncology and Palliative Care*

**November 7<sup>th</sup> and 8<sup>th</sup>, 2009**

Please print or type:

Name: \_\_\_\_\_ Degree/Credentials: \_\_\_\_\_

Specialty: \_\_\_\_\_

Attendees may participate in any lecture but please note your Primary Interest Area here:

Specialty Populations    Palliative Care    Oncology Updates

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

## **Registration Fees:**

### **Physician:**

- Full Conference ..... \$ 100.00
- Saturday Only ..... \$ 50.00
- Sunday Only ..... \$ 50.00

### **Non-Physician:**

- Full Conference ..... \$ 50.00
- Saturday Only ..... \$ 25.00
- Sunday Only ..... \$ 25.00

**UMC Employee**

*Registration fee includes course materials, continuing education credit, daily breakfast and lunch.*

### **Please make Check Payable to:**

University Medical Center

### **Return Check and Registration form to:**

Arizona Center on Aging  
1807 East Elm Street  
Tucson, AZ 85719  
Attn: Lisa O'Neill

FAX (520) 626-5811

Registration Deadline: October 26, 2009

Americans with Disabilities Act Statement

Persons with a disability may request a reasonable accommodation by contacting Lisa O'Neill, (520) 626-5804 loneill@aging.arizona.edu. Requests should be made as early as possible to allow time to arrange the accommodation.